

## OPUS OCTOBER 2016



The Concord Conservatory of Music

[www.concordconservatory.org](http://www.concordconservatory.org)

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### News at CCM



**October is Practice for Pizza Month** – All students who practice 30 days in October are invited to join us at the Pizza Party on Wednesday, November 2 at 6:00 pm in the North Hall. Be sure to pick up a **CCM Practice Calendar** and Scavenger Hunt Questionnaire. Find the Tip Posters around CCM, answer the 10 questions and come get your special prize waiting in our CCM office! **Have fun!**

**Parent's Workshop – Tips and Strategies for Encouraging Practicing!** The workshop—an interactive presentation with discussion will take place on Tuesday, October 25 at 7:00 pm at CCM (lower level). We understand that convincing your child to practice can be an effort, sometimes a tiring one. Please join Executive Director Kate Yoder and faculty member Margaret Romero as they present helpful tips and best practices.

**Upcoming All School Student Recitals** – Great confidence boosters! Please remember to mark your calendar for the recitals. The recitals offer students an opportunity to practice performing public in a friendly and familiar place where they can showcase their accomplishments. Whether your child is performing or not, students and parents are welcome to watch, learn and enjoy!

- Saturday, October 22 at 2:30 and 4:00 pm
- Thursday, November 17, 2016 at 7:00 pm
- Saturday, November 19 at 1:00, 2:30, and 4:00 pm.

**Tune of the Week** has begun and arrives in your email on Sunday night and all tunes are posted on Facebook (**Remember to “Like” the CCM Facebook page!**). Please share with your children and enjoy listening to the great musical pieces. Whether it is *William Tell Overture*, the exciting music from Harry Potter or, the-always-fun-to-hear *Monster Mash*, your child will expand his or her horizons. ***Stay tuned in...***

**The CCM 2016 – 2017 Concert Season is underway—learn, understand and appreciate music!** Consider joining us for the **Concert & Lecture Series and concerts** featuring groups highlighting our faculty's diverse backgrounds and incredible talent. Please mark on your calendar the second part of our Concert & Lecture Series, **How Do We Listen to Music?: Counterpoint** on Friday, November 18 at 7:00 pm.

## **Behind the Scenes – Hand Drumming for Kids**



**This is a fun time with Mike Connors, who exudes warm and humor!** Mike has these little drummers exploring sounds and getting creative during each class. A lot of laughter emanates from this classroom. **Hand Drumming for Kids** is offered to children 5 - 7 years old on Wednesdays at 4:00 pm.

Students love to make music with the vibrant Tubano Drums and they are easy to play. These enthusiastic performers love to make all kinds of sounds with them.

Just this past week, Mike also had the students learn about shakers—they even broke one apart to see what exactly is inside it and why it makes the sound it makes. They spoke about how to build their own shaker and they played rhythms using different types of shakers. Mike introduced the flexatone, a percussion instrument, to the students and incorporated it into a drum piece they have been learning. [\*Want to hear what the flexatone sounds like?\*](#)

Besides having fun, hand drumming provides a workout for young student's brains and bodies. Hand drumming for young and old offers many benefits. According to scientific research, it increases brain development and improves the ability to focus, physical stamina, body awareness, and kinesthetic development. Drumming helps students boost their confidence while increasing their sense of well-being and improving coordination and self-control. Mike's class provides ample opportunity to help students improve their listening skills and learn about the various types of drums and percussion instruments.

## **Faculty Profile, Cellist Fabrizio Mazzetta**

**Welcome Fabrizio**—one of our newest faculty members. He has the ability to tailor his teaching to the individual student's capabilities and talents, while maintaining a logical, progressive, and playful curriculum. *To get to know Fabrizio better, he shared some information with us.*



**When and why did you start playing the cello? Do you play any other instrument, now or ever?**

I started playing the cello at age nine, after a year of solfège and theory followed by a year-and-a-half of piano. My grandmother, a professional pianist herself, quickly realized that despite my passion for the instrument, some other territories might fulfill my excitement about music as well. I found the cello, my lifetime companion. I also intensively played the electric bass from age nineteen to twenty-two,

discovering jazz, rock, and other genres and music styles. This open door helped reveal other aspects of my sensitivity as a musician and a young man embracing the new, exciting globalized art landscape of that time.

**What are your top practicing tips?**

Be excited and willing to practice, and make room for it without even thinking about it. Organize your daily practice routine in order to get the most efficient results: Combine the scientific/mechanical approach of playing an instrument with the inspirational and spiritual elements of it—listen to music (recorded and live) and being “actively at rest.” These are key components of practicing I dive into daily.

**What is your favorite song to play, and why?**

J.S. Bach’s solo *Cello Suites*—a complete guide to musicianship: melody, harmony, rhythm plus the spirituality and human side of it all at once, presented in a form of six separate suites of dances dedicated to music making. The ideal desert island single piece of music I would bring along and, perhaps, the only one.

**Which famous musician have you learned the most from, and why?**

I have learned from several revered and famous musicians what is most valuable in music: transmitting an emotion allowing us to connect as human beings. I’ve learned from recordings, live performances, master classes, and from weekly lessons. Two musicians who have contributed to my learning are Paul Tortelier and Iseut Chuat. Mr. Tortelier, famed

French cellist of his time and a friend of my grandmother, is a huge inspiration for me and an influence on my dedication.

My mentor, solo cellist Iseut Chuat, is an exceptional individual willing to question and (re)shape all anticipated expectations for the sake of beauty and music making. She is also always looking for what can be expressed with more authenticity toward oneself and others—surpassing the instrument and expressing music—as a living goal.

### **How has the French language influenced your music and choices?**

My native language may influence my music as an indicator of my taste for anything in general, and in particular in life. I was educated at a time when globalization went viral, the arts included; I'm aware of what the French school of cello playing has been and still is, while I do not primarily think of it as a distinctive factor of my identity. In today's world, the importance 'finding your own path' matters most, even if it does lead to coming back to your own roots and discovering it afterward.

### **What do you miss most about France?**

The fact that people always argue about everything and anything, even if they have little to no knowledge about what it really is about! The eternal game between: 'nothing matters' and 'everything matters'—to some extreme point! And Paris—my hometown, family, friends and the food (all of it)!

### **Why Music Matters: How We Listen to Music**



The sounds of drums can inspire and excite us but the rhythmic beats can also provide help with healing, stress, and anxiety. Learn about some of its therapeutic effects from Project Resiliency, which points to research indicating that drumming accelerates physical healing and boosts our immune system. Project Resiliency helps our veterans and others recover from difficult situations through drumming—the conduit of energy to help direct



individuals into deeper healing and connectivity. [To read more>>Ancient Healing Approach: Drum Therapy](#)

## Upcoming Area Performances

**Quentin Callewaert with Chris Ruediger on October 15th at 8 pm at the Amazing Things Arts Center in Framingham, Tickets: \$10 Members, \$12 Non-Members**

A young guitarist who has captured the attention of many including some accomplished musical entertainers. He is also opening for the Edgar Winter Band on October 8 at the Larcom Theater in Beverly. Quentin plays a combination of classical, traditional, contemporary, and popular material, as well as original compositions. [To learn more and for tickets>>](#)

**Singer, guitarist and percussionist, Badi Assad, presents Brazilian music on October 23 from 7 - 9 pm at the Amazing Things Arts Center, Regular \$20 ~ Senior 65+/Student \$19 ~ Member \$17 ~ Child under 12 \$10.**

Badi transcends traditional Brazilian musical styles with a mixture of pop, jazz and ethnic sounds. [To learn more about this event>>](#)

**Lydian String Quartet, Saturday, October 29, 8 p.m. (pre-concert talk, 7 p.m.), Brandeis University, \$20/ \$15 for Brandeis community and seniors (55+)/ \$5 for students**

Second violinist Judith Eissenberg, violist Mark Berger, and cellist Joshua Gordon welcome new first violinist Andrea Segar to the legendary quartet in a captivating performance of Mozart's *Quartet in C major, K. 465 "Dissonance,"* Bartók's *Quartet No. 2, Sz. 67,* Ravel's *String Quartet*, and a world premiere from Yu-Hui Chang. [To learn more and for tickets>>](#)

